



QUALITY OF LIFE CHECKLIST

Pain or Discomfort

- Is your pet in constant pain or discomfort?
- Is it clear they're suffering and not feeling well?
- Is their breathing faster or more difficult than normal?
- Do they whimper or yelp if picked up or touched?
- Do they have sores or wounds that will not heal?

Appetite and Hydration

- Has the amount of food they consume gone down?
- Are they not eating the things they used to love?
- Do they turn down offers of treats or cookies?
- Has the amount of water they're drinking gone down or up significantly?

Affection/Engagement

- Does your pet seem less interested in giving you affection, or they enjoy doing so less?
- Has their interest or willingness to come to you and engage you become reduced?
- Are they hiding more and seeking to be alone more than they have in the past?
- Does it seem like they're not responding to your affection as much as usual?

Mobility

- Have they lost interest in activities (eg: going for walks, playing with a favorite toy, etc.)?
- Do they have difficulty when trying to stand or getting up from a lying position?
- Are they no longer able to go up/down stairs, or do they avoid certain areas of your home?
- Do they avoid certain physical activities?

Physical and Mental Ability

- Does reduced or lost eyesight impair their ability to move around?
- Has their hearing decreased to the point of them being hard of hearing or deaf?
- Do they show signs of dementia or confusion?
- Do they seem more restless, pace more, and appear unable to settle down?

Elimination Issues

- Are they having more accidents inside the house than in the past?
- Are they not urinating or defecating where they normally would in a regular spot?
- Do they have trouble going to the bathroom (eg: straining, shaking or losing balance)?
- Is their bladder leaking throughout the day or night, or do they smell of urine or feces?

Happiness Level

- Does their level of happiness seem diminished?
- Do they seem depressed or sad or are they lethargic and uninterested in things around them?
- Do they not enjoy certain things they used to?
- Do you feel like your pet has told you or given you signs they are ready to go?

Other Factors to Consider

- Has your pet been diagnosed with a significant or terminal disease and what are the implications?
- Are you able to provide for their physical needs as required (eg: carrying them upstairs, outside, etc.)?
- Has your pet been recently examined to eliminate potential underlying issues or causes of concern?